

## CLAIMS

1. A paper roll for sanitary or home use intended to operate in conjunction with a dispensing system, characterized in that it comprises internally a means intended to brake the unwinding of said roll.

2. The roll as claimed in Claim 1, wherein said braking means comprises at least one layer (2) of adhesive material deposited on at least one of the sides of the roll.

3. The roll as claimed in Claim 2, wherein said layer (2) covers at least 15% of the surface of at least one of said sides.

4. The roll as claimed in either Claim 2 or 3, wherein said layer is deposited by printing, preferably by pad printing.

5. The roll as claimed in any of Claims 2 to 4, wherein the layer of adhesive material is deposited according to a regular pattern of points.

6. The roll as claimed in any of Claims 2 to 4, wherein the layer of adhesive material is deposited according to a continuous pattern.

7. The roll as claimed in any of Claims 2 to 4, wherein the layer of adhesive material is deposited according to a pattern comprising point zones and continuous zones.

8. A manufacturing process for a roll (1), characterized in that after formation of the roll, a layer (2) of adhesive material is applied to at least one of the sides of said roll in such a way that said layer partially penetrates the interior of the windings of the roll (1).

9. The process as claimed in Claim 8, wherein said layer (2) is deposited by printing, preferably by pad printing.

10. The process as claimed in either Claim 8 to 9, wherein the adhesive material is an aqueous compound.